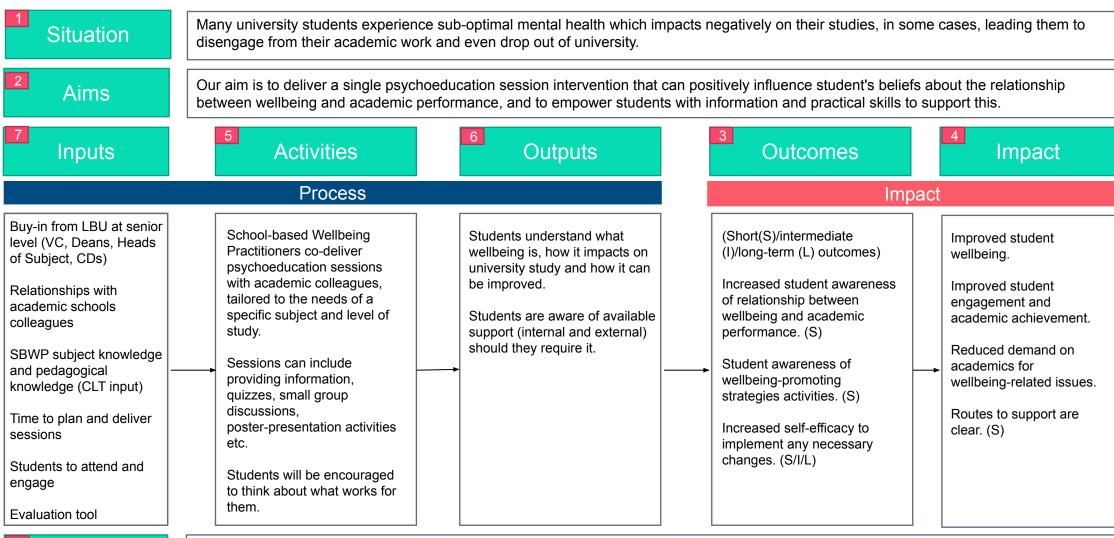


Theory of Change

Project: Psychoeducation Sessions **Organisation:** Leeds Beckett University

This theory of change has been developed by Leeds Beckett University using resources, templates provided by TASO. The contents of the theory of change do not necessarily reflect TASO's views or position.



Rationale & Assumptions

Educating students regarding the benefits of improved wellbeing will improve their academic achievement (see <u>Advance HE Education for Mental health Tool Kit</u> (Hughes et al., 2022). Academic success will improve wellbeing and future career prospects.